



Ukraine Children's Action Project (UCAP)

September 2026

*On the ground, hands on,
transparent*

[Visit our Website](#)

Winter is coming...help them prepare



Greetings!

There is simply no way to overstate the damage being done by Russian missile and drone attacks on Ukraine's critical infrastructure. Intentional, disabling damage to the systems that assure electricity and heat in Ukraine during the very cold winter months has happened every year since the full-scale invasion in 2022.

But this year is different. With Ukraine's shortage of anti-missile and anti-drone capacity at crisis level, and Putin's goal of bombing Ukraine into submission, this winter will be of a different order of magnitude in terms of suffering inflicted on Ukraine's children and families.

Check out this quote (DTEK is one of Ukraine's main energy suppliers):

“On September 8, Russia again forced a DTEK thermal power plant completely offline after repeated attack waves damaged its equipment. DTEK says its thermal plants have now been attacked more than 230 times since 2022; notably, another DTEK thermal plant was forced offline on August 18. That repetition against generation capacity is exactly the pattern worth watching.”

These, of course are war crimes, literally crimes against humanity. We're referring to the daily, literally night and day, attacks on Kyiv, Ukraine's capital city.

We are heartbroken. But we are determined to maximize UCAP's capacity to help Ukraine's families deal with the inevitable hardships of the coming winter.

You should know, by the way, that Ukraine President Volodymyr Zelenskyy has no intention of backing down and every intention of fighting back in every way the country can.

And it's not just Zelenskyy. It's everyday Ukrainians, too. They will make do, they will take care of their children with heaters and power stations and extra blankets and winter clothes. They will send their kids to school and be grateful that underground shelter classrooms will be available. And the children will find ways to study online when they must.

But there's plenty for Americans and UCAP to do as well. We know there are enormous humanitarian needs. We know that the psychological toll on kids exposed to the violence and the disruption of their education can and must be mitigated. That's precisely why we created UCAP more than 4 years ago.

So, here are two specific things you can do.

- **First**, if it's feasible, please be as generous as you can in support of UCAP's new "Winter is Coming" campaign. Just find the donate button on the website – or below.
- **Second**, there's never been a better time to let Ukrainians know that so many Americans stand with them. To show your support for Ukraine's children and families, please leave a message (see below) on our new message board. Keep it simple and heartfelt. It means so very much to these incredible people.

Winter is Coming - Need for Warmth, Light and Caring



UCAP has been in touch with many of our operating partners in Ukraine to understand the winter priorities for children and families. The feedback has been dramatic and overwhelming. Our partners are supporting thousands of families currently living in vulnerable frontline communities.

Some families have lost a family member due to military service, others forced to relocate due to proximity to fighting or risk of occupation. There are large foster families or guardian families where grandparents currently care for the children in the family.

Their needs are far ranging as winter approaches:

First - **warm clothing and winter footwear** that fits growing children in financially vulnerable families.

Other types of winterization assistance requested include **firewood for families using wood burning stoves for cooking and heat.**

Also, batteries and generators needed to maintain electricity in the home.

And power banks and rechargeable lamps to keep light available and laptops charged so that **education can continue.**

Ongoing **mental health support** is also critical to help children get through such dark times.

With your help, we will support thousands of children and families this winter.

[Donate - Winter Emergency](#)

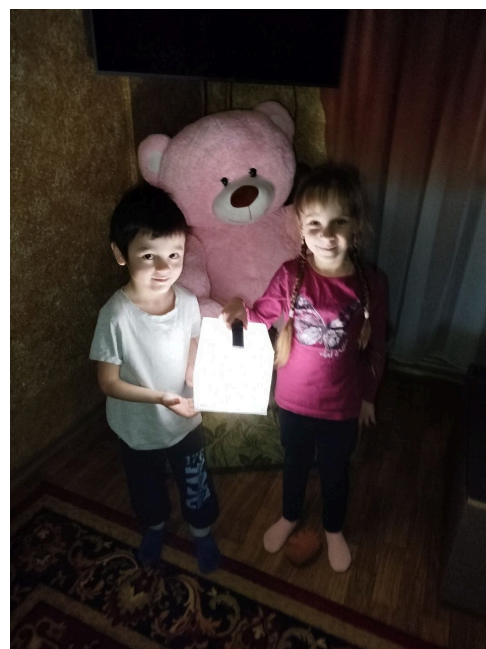


UCAP is already helping large families in frontline communities to prepare for winter and for back to school - either in person, online or hybrid models. For some, UCAP's contribution meant new winter clothes and shoes, books, and school supplies before the classes started.

For others, it meant a washing machine or dryer, a refrigerator, a water heater, or other essential household items without which it is difficult to manage the daily life of a large family. This support is especially important for families living close to areas of active hostilities or those who have been forced to leave their homes.

Mobile phones, tablets, laptops, power banks, and a portable power station were purchased so that children could continue their education and stay connected during power outages and air raid alerts.

And there's so much more we can do.

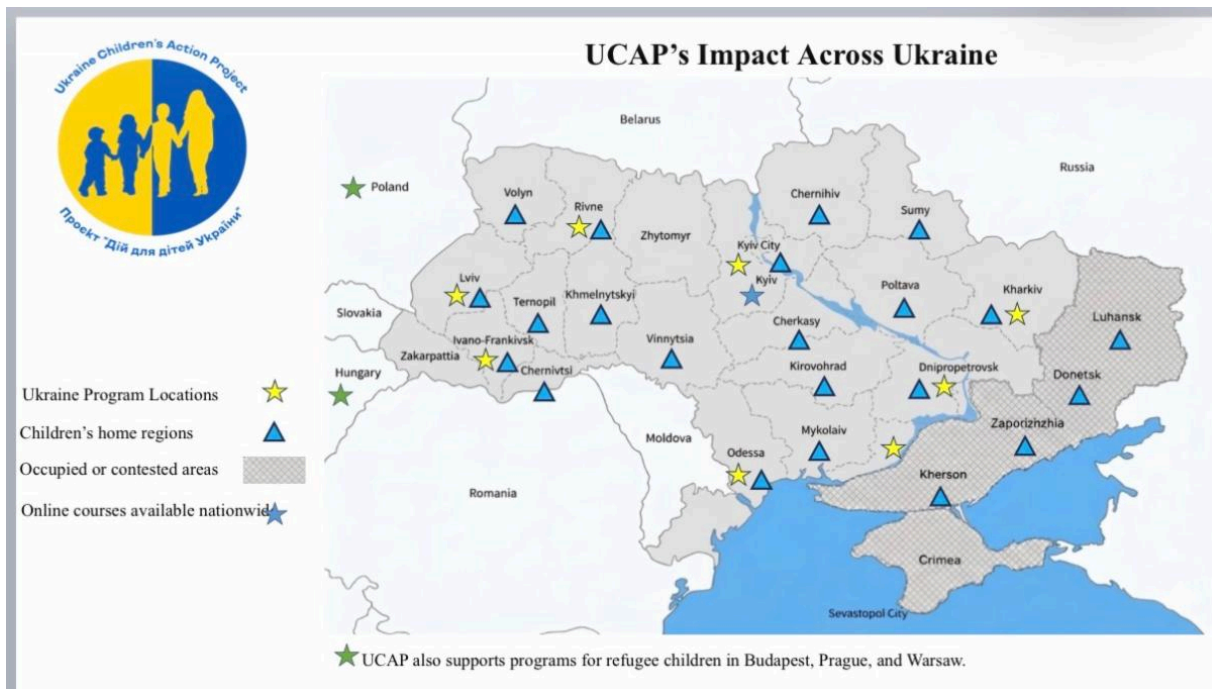


Send a Message to Ukraine



Winter Is Coming: Stand With Ukraine - UCAP

Send a Message of Support to Ukrainians



Thank you so much - from the children, from the families - and from our partners in Ukraine. In their words..."you are a constant source of support, encouragement, and friendship. We are deeply grateful to all of you".

With appreciation,
Irwin and Karen

See UCAP's Education Report - Back to School in a Country at War

Other Ways to Give

***After 52 months of operation, we want to share that our administrative overhead is just 16%. The respected Charity Navigator considers anything under 25% worthy of it's highest rating!**



www.UCAP.HELP
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